

High School Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<i>Vegetable of the Day: Broccoli</i>	<i>Vegetable of the Day: Corn</i>	<i>Vegetable of the Day: Green Beans</i>	<i>Vegetable of the Day: See Below</i>	<i>Vegetable of the Day: Peas</i>
WEEK 1 1/2, 1/30, 2/27, 4/3, 5/1	Chicken Nuggets w/ Dipping Sauce Dinner Roll Baked Beans or Calzone	Beef Taco in a bag w/ Rice, Black Beans, Cheese and Salsa or Buffalo Chicken Bites w/ Dinner Roll	Grilled Chicken Sandwich or Dominos Cheese/Pepperoni Pizza	Brunch for Lunch: French Toast & Sausage Patties or Bosco Sticks w/ Marinara Sliced Zucchini	Szechuan Chicken w/ Rice or Chicken Filet Sandwich
WEEK 2 1/9, 2/6, 3/6, 4/10, 5/8	Popcorn Chicken w/ Dipping Sauce Dinner Roll Baked Beans or Calzone	Loaded Beef Nachos w/ Rice, Refried Beans, Cheese and Salsa or Buffalo Chicken Bites w/ Dinner Roll	Fish w/ Cheese Sandwich or Dominos Cheese/Pepperoni Pizza	Cincinnati Chili Cheese Spaghetti or Bosco Sticks w/ Marinara Seasoned Cauliflower	Big Daddy's 4 Meat or Cheese Pizza or Chicken Filet Sandwich
WEEK 3 1/16, 2/13, 3/13, 4/17, 5/15	Chicken Strips w/ Dipping Sauce Dinner Roll Baked Beans or Calzone	Beef Taco in a bag w/ Rice, Black Beans, Cheese and Salsa or Buffalo Chicken Bites w/ Dinner Roll	Pretzel Dog w/ Dinner Roll or Dominos Cheese/Pepperoni Pizza	Grilled Cheese w/ Tomato Soup or Bosco Sticks w/ Marinara Yellow Squash	Express Bowl w/ Rice or Chicken Filet Sandwich
WEEK 4 1/23, 2/20, 3/20, 4/24	Sriracha Chicken w/ Dinner Roll Baked Beans or Calzone	Beef Soft Taco w/ Rice, Refried Beans, Cheese and Salsa or Buffalo Chicken Bites w/Dinner Roll	Cheesy Bread w/ Marinara Sauce or Dominos Cheese/ Pepperoni Pizza	Oven Fried Chicken w/ Biscuit & Mashed Potatoes or Bosco Sticks w/ Marinara Brussel Sprouts	Big Daddy's 4 Meat or Cheese Pizza or Chicken Filet Sandwich

School Lunch Prices - All meals include 2 sides (must take fruit/vegetable)

Regular Meal: \$2.80 (Daily Alternates: Cheeseburger, Hamburger, Spicy/Homestyle Chicken or Grilled Chicken Sandwiches)

Deluxe Meal: \$3.25 (Wraps, Specialty Salads, Baked Potato, Buffalo Bites, Chicken Filet Sandwich, Deli Sub Sandwich, Calzone, Nachos & Cheese, Bosco Sticks or Domino's)

Reduced Price Meal \$0.40

Meals include 2 side items fruit/vegetable and milk (must select 1 fruit or vegetable with each meal). Daily Fruit & Vegetable choices contain selections from the dark green, red/orange, bean, starchy, & other veg. groups, weekly. High VIT-A choice 3x a week. Romaine & Spring Mix Salad w/various cooked/fresh fruits & vegetables daily in addition to menu listings.

See Cafeteria for listing of Daily Alternate Offerings!

Please make separate lunch checks payable to your Child's School Cafe. To check meal account balances, view detailed list of payments received and items purchased or to make a payment to your child's meal account, log into your account with EZPay or check with the Kitchen Manager. For more details regarding Nutrition services, visit www.westcler.k12.oh.us.

For comments or concerns about the lunch program, contact **Tiffany McCleese: 943-5036**. This institution is an equal opportunity employer and provider.
Thank you for participating in the school lunch program!