



# Middle School Lunch Menu

	<b>MONDAY</b> <i>Vegetable of the Day: Broccoli</i>	<b>TUESDAY</b> <i>Vegetable of the Day: Corn</i>	<b>WEDNESDAY</b> <i>Vegetable of the Day: Green Beans</i>	<b>THURSDAY</b> <i>Vegetable of the Day: See Below</i>	<b>FRIDAY</b> <i>Vegetable of the Day: Peas</i>
<b>WEEK 1</b> 1/2, 1/30, 2/27, 4/3, 5/1	<b>Chicken Nuggets</b> w/ Dipping Sauce Dinner Roll <u>or</u> <b>Hamburger/</b> <b>Cheeseburger on Bun</b> Baked Beans	<b>Beef Taco in a bag w/</b> <b>Rice, Black Beans,</b> <b>Cheese and Salsa</b> <u>or</u> <b>Spicy/Homestyle</b> <b>Chicken Sandwich</b>	<b>Grilled Chicken</b> <b>on Bun</b> <u>or</u> <b>Domino's Pizza</b>	<b>Brunch 4 Lunch:</b> <b>French Toast</b> <b>Sausage Patties</b> <b>Sliced Zucchini</b> <u>or</u> <b>Hamburger/</b> <b>Cheeseburger on Bun</b>	<b>Pizza Dippers w/</b> <b>Marinara Cup</b> <u>or</u> <b>Spicy/Homestyle</b> <b>Chicken Sandwich</b>
<b>WEEK 2</b> 1/9, 2/6, 3/6, 4/10, 5/8	<b>Popcorn Chicken</b> w/ Dipping Sauce Dinner Roll <u>or</u> <b>Hamburger on Bun</b> Baked Beans	<b>Beef Soft Taco</b> w/ <b>Rice, Refried Beans,</b> <b>Cheese and Salsa</b> <u>or</u> <b>Spicy/Homestyle</b> <b>Chicken Sandwich</b>	<b>Fish w/ Cheese</b> <b>Sandwich</b> <u>or</u> <b>Domino's Pizza</b>	<b>Cincinnati Chili</b> <b>3-Way Spaghetti</b> <u>or</u> <b>Hamburger/</b> <b>Cheeseburger on Bun</b>  Seasoned Cauliflower	<b>Big Daddy's</b> <b>Cheese Pizza</b> <u>or</u> <b>Spicy /Homestyle</b> <b>Chicken on Bun</b>
<b>WEEK 3</b> 1/16, 2/13, 3/13, 4/17, 5/15	<b>Chicken Strips</b> w/ Dipping Sauce Dinner Roll <u>or</u> <b>Hamburger on Bun</b> Baked Beans	<b>Beef Taco in a bag w/</b> <b>Rice, Black Beans,</b> <b>Cheese and Salsa</b> <u>or</u> <b>Spicy/Homestyle</b> <b>Chicken Sandwich</b>	<b>Pretzel Dog</b> w/ Dipping Sauce <u>or</u> <b>Domino's Pizza</b>	<b>Grilled Cheese</b> w/ <b>Tomato Soup</b> <u>or</u> <b>Hamburger/</b> <b>Cheeseburger on Bun</b>  Yellow Squash	<b>Mandarin Chicken</b> <b>Express Bowl</b> w/ <b>Rice</b> <u>or</u> <b>Spicy/Homestyle</b> <b>Chicken Sandwich</b>
<b>WEEK 4</b> 1/23, 2/20, 3/20, 4/24	<b>Popcorn Chicken</b> w/ Dipping Sauce Dinner Roll <u>or</u> <b>Hamburger on Bun</b> Baked Beans	<b>Mexican Pizza</b> w/ <b>Rice, Refried Beans</b> <b>and Salsa</b> <u>or</u> <b>Spicy/Homestyle</b> <b>Chicken Sandwich</b>	<b>Cheesy Bread</b> w/ <b>Marinara Cup</b> <u>or</u> <b>Domino's Pizza</b>	<b>Oven Fried Chicken</b> <b>Biscuit w/ Mashed Potato</b> <u>or</u> <b>Hamburger/</b> <b>Cheeseburger on Bun</b> <b>Brussel Sprouts</b>	<b>Baked Mac and Cheese</b> w/ <b>Dinner Roll</b> <u>or</u> <b>Spicy/Homestyle</b> <b>Chicken Sandwich</b>

**School Lunch Prices - All meals include 2 sides (must take fruit/vegetable)**

Regular Meal: \$2.80

Adult Meal: \$3.45

Reduced Price Meal \$0.40

Milk \$0.50 Includes fat-free: white, strawberry & chocolate.

**Alternate Daily Entrees: Chef Salad w/ Crackers, Grape/Strawberry Pb**

**Uncrustable w/ Goldfish and String Cheese or Deli Meat & Cheese Sandwich**

Meals include 2 side items fruit/vegetable and milk (must select 1 fruit or vegetable with each meal). Daily Fruit & Vegetable choices contain selections from the dark green, red/orange, bean, starchy, & other veg. groups, weekly. High VIT-A choice 3x a week. Romaine & Spring Mix Salad w/various cooked/fresh fruits & vegetables daily in addition to menu listings.

Please make separate lunch checks payable to your Child's School Cafe. To check meal account balances, view detailed list of payments received and items purchased or to make a payment to your child's meal account, log into your account with EZPay or check with the Kitchen Manager. For more details regarding Nutrition services, visit [www.westcler.k12.oh.us](http://www.westcler.k12.oh.us).

**For comments or concerns about the lunch program, contact Tiffany McCleese: 943-5036.** This institution is an equal opportunity employer and provider.  
Thank you for participating in the school lunch program!