

# Amelia Elementary Lunch Menu

2018-2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<i>Vegetable of the Day:</i> Broccoli	<i>Vegetable of the Day:</i> Corn	<i>Vegetable of the Day:</i> Green Beans	<i>Vegetable of the Day:</i> Cauliflower	<i>Vegetable of the Day:</i> Peas
<i>Winter Break</i> 12/31 thru 1/2/19 <b>WEEK 1</b> 10/31 Happy Halloween Treat!	8/13 No School, 9/10, 10/8, 11/5, 12/3, 12/31 No School Chicken Nuggets w/ Dinner Roll Mashed Potatoes	8/14 No School, 9/11, 10/9, 11/6, 12/4, 1/1/19 No School Beef Taco in a Bag of Fritos w/ Rice, Cheese and Salsa	8/15, 9/12, 10/10, 11/7, 12/5, 1/2/19 No School Cheesy Bread w/ Marinara <u>or</u> Cheeseburger	8/16, 9/13, 10/11, 11/8, 12/6  Brunch for Lunch: French Toast Sausage Patties & Deli Roasters	8/17, 9/14, 10/12, 11/9, 12/7  Specialty Pizza Pepperoni / Cheese <u>or</u> Hamburger
10/15 Professional Day - No School <b>WEEK 2</b>	8/20, 9/17, 10/15 No School, 11/12, 12/10 Popcorn Chicken w/ Dinner Roll Baked Spuds	8/21, 9/18, 10/16, 11/13, 12/11  Mexican Pizza Lettuce, Tomato and Salsa	Baked Beans 8/22, 9/19, 10/17, 11/14, 12/12  Grilled Cheese <u>or</u> Cheeseburger Baked Beans	8/23, 9/20, 10/18, 11/15, 12/13  Cincinnati Chili Cheese Spaghetti	8/24, 9/21, 10/19, 11/16, 12/14  Specialty Pizza Pepperoni / Cheese <u>or</u> Hamburger
Happy Thanksgiving! 11/21 thru 11/23 No School <b>WEEK 3</b>	8/27, 9/24, 10/22, 11/19, 12/17  Chicken Nuggets w/ Dinner Roll Mashed Potatoes	8/28, 9/25, 10/23, 11/20, 12/18  Beef Taco in a Bag of Doritos w/ Rice, Cheese and Salsa	8/29, 9/26, 10/24, 11/21 No School, 12/19 Pizza Dippers w/ Marinara Cup <u>or</u> Cheeseburger	8/30, 9/27, 10/25, 11/22 No School, 12/20 Brunch for Lunch: Mini Pancakes Sausage Patties & Deli Roasters	8/31, 9/28, 10/26, 11/23 No School, 12/21 Specialty Pizza Pepperoni / Cheese <u>or</u> Hamburger
Labor Day! 9/3 No School <b>WEEK 4</b> Winter Break 12/24 thru 1/2/19	9/3 No School, 10/1, 10/29, 11/26, 12/24 No School Popcorn Chicken w/ Dinner Roll Baked Spuds	9/4, 10/2, 10/30, 11/27, 12/25 No School Beef Haystack w/ Rice, Lettuce, Cheese and Salsa	9/5, 10/3, 10/31, 11/28, 12/26 No School Mini Corn Dogs <u>or</u> Cheeseburger Baked Beans	9/6, 10/4, 11/1, 11/29, 12/27 No School Oven Fried Chicken w/ Dinner Roll Mashed Potatoes	9/7, 10/5, 11/2, 11/30, 12/28 No School Specialty Pizza Pepperoni/Cheese <u>or</u> Hamburger

Regular Meal: \$2.70  
Reduced Price Meal \$0.40  
Adult Meal: \$3.45

Milk \$0.50 Includes: FF white 1% white, 1% strawberry & 1% chocolate  
**Daily Offerings:** Uncrustable w/ String Cheese & Goldfish, Chef Salad w/  
Goldfish, Deli Meat w/ Cheese Sandwich, Yogurt Meal w/ Cheese or Hot Dog on a Bun  
(Hot Dog on Tuesday and Wednesday only)

Meals include 2 side items fruit/vegetable and milk (must select 1 fruit or vegetable with each meal).  
Daily Fruit & Vegetable choices contain selections from the dark green, red/orange, bean, starchy, &  
other veg. groups, weekly. High VIT-A choice 3x a week. Romaine & Spring Mix Salad w/various  
cooked/fresh fruits & vegetables daily in addition to menu listings.

**All meals include 2 sides (must take fruit/vegetable)**

Please make separate lunch checks payable to your Child's School Cafe. To check meal account balances, view detailed list of payments received and items purchased or to make a payment to your child's meal account, log into your account with EZPay or check with Manager **Sharona Hauck, 513-943-3806**. For more regarding Nutrition services, visit [www.westcler.k12.oh.us](http://www.westcler.k12.oh.us).

**For comments or concerns about the lunch program, contact Tiffany McCleese: [mccleese\\_t2@westcler.org](mailto:mccleese_t2@westcler.org).**  
This institution is an equal opportunity provider.  
Thank you for participating in the school lunch program!