



Wolves Middle School Lunch Menu

	MONDAY <i>Vegetable of the Day: Broccoli or Carrots</i>	TUESDAY <i>Vegetable of the Day: Corn</i>	WEDNESDAY <i>Vegetable of the Day: Green Beans or Barrots</i>	THURSDAY <i>Vegetable of the Day: See Below</i>	FRIDAY <i>Vegetable of the Day: Peas or Carrots</i>
First Week of School WEEK 1	9/23, 10/21, 11/18, 12/16 WG Chicken Nuggets w/ Dinner Roll Baked Beans	9/24, 10/22, 11/19, 12/17 WG Chicken w/ Cheese Taqitos w/ Rice, Lettuce, Tomato, Salsa and Seasoned Black Beans	8/28, 9/25, 10/23, 11/20, 12/18 WG Grilled Cheese Sandwich w/ Tomato Soup	8/29, 9/26, 10/24, 11/21, 12/19 Brunch for Lunch: Apple Cinnamon French Toast w/ Sausage Patties & Baked Deli Roasters Oven Roasted Squash	8/30, 9/27, 10/25, 11/22, 12/20 WG Meatball Hoagie w/ Marinara Sauce and Mozzarella Cheese
WEEK 2	9/2 No School, 9/30, 10/28, 11/25 Popcorn Chicken w/ Dinner Roll Mashed Potatoes Baked Beans	9/3, 10/1, 10/29, 11/26 Beef and Cheese Soft Taco w/ Rice, Shredded Lettuce, Tomato, Salsa and Seasoned Black Beans	9/4, 10/2, 10/30, 11/27 No School Bbq Pulled Pork Sandwich w/ Creamy Coleslaw	9/5, 10/3, 10/31, 11/28 No School Cherry Blossom Chicken w/ Brown Rice Oven Roasted Zucchini	9/6, 10/4, 11/1, 11/29 No School WG Cincinnati Chili Cheese Coney
WEEK 3	9/9, 10/7, 11/4, 12/2 WG Chicken Nuggets w/ Dinner Roll Baked Beans	9/10, 10/8, 11/5 No School, 12/3 Walking Beef Taco (Nacho Cheese Dorito) w/ Rice, Shredded Lettuce, Tomato, Salsa and Seasoned Black Beans	9/11, 10/9, 11/6, 12/4 WG Rotini Pasta w/ Meatballs, Marinara, Cheese and WG Italian Breadstick	9/12, 10/10, 11/7, 12/5 Brunch for Lunch: Maple Waffles w/ Sausage Patties & Baked Deli Roasters Oven Roasted Cauliflower	9/13, 10/11 No School, 11/8, 12/6 WG Mini Corn Dogs w/ Dipping Sauce
WEEK 4	9/16, 10/14, 11/11, 12/9 WG Popcorn Chicken w/ Dinner Roll Baked Beans	9/17, 10/15, 11/12, 12/10 Walking Beef Taco (Ranch Dorito) w/ Rice, Shredded Lettuce, Tomato, Salsa and Seasoned Black Beans	9/18, 10/16, 11/13, 12/11 Cheesy Bread w/ Marinara Sauce	9/19, 10/17, 11/14, 12/12 Bbq Riblet Sandwich w/ Mac and Cheese Oven Roasted Brussel Sprouts	9/20, 10/18, 11/15, 12/13 Country Steak w/ Gravy, WG Biscuit and Mashed Potatoes

School Lunch Prices

Regular Meal: \$2.90 Chef Salad w/ WG Croutons, EZ Jammer, Yogurt w/ String Cheese, Granola and Goldfish Crackers, Hamburger on Bun, Cheeseburger on Bun, Cheese Sandwich or Deli Meat & Cheese Sandwich
Super Meal: \$3.25 (Crispy/Spicy Chicken Sandwich, Wild Mike or Marco's Pizza)
Reduced Price Meal \$0.40
Milk: \$.50 1% Chocolate or 1% White)

Meals include 2 side items fruit/vegetable and milk (must select 1/2C. fruit or vegetable for a reimbursable meal). Daily Fruit & Vegetable choices contain selections from the dark green, red/orange, bean, starchy, & other veg. groups, weekly. High VIT-A choice each day. Romaine & Spring Mix Salad w/various cooked/fresh fruits & vegetables daily in addition to menu listings.

See Cafeteria for listing of Daily Alternate Offerings!

Please make separate lunch checks payable to your Child's School Cafe. To check meal account balances, view detailed list of payments received and items purchased or to make a payment to your child's meal account, log into your account with EZPay or check with Manager **Becky Wulfeck, 513-947-7406**. For more regarding Nutrition services, visit www.westcler.k12.oh.us.

For comments or concerns about the lunch program, contact **Tiffany McCleese: mccleese_t2@my.westcler.org**
 This institution is an equal opportunity provider.
 Thank you for participating in the school lunch program!